

Salli Saddle Chair

ACTIVE SEATING



Salli Saddle Chair offers you an unburdened, standing-like, and active way to sit in balance. It helps you to keep yourself alert and creative.

On Salli Saddle Chair you sit in an upright vertical position where we are at our strongest, both physically and mentally. The pelvis is in its neutral upright position and the spine holds up the upper body. The muscles stay relaxed, and you keep the balance.



Salli SwingFit

ACTIVE SEATING

Design Veli-Jussi Jalkanen

Salli SwingFit is width and height adjustable, with swinging effect. The swing mechanism of Salli SwingFit enables the seat to be tilted into every direction without a separate adjustment lever. Thus you can exercise while sitting, which adds to the mobility and metabolism of the lower back activating the whole body.

Salli SwingFit has two seat options: normal and small. The small seat is liked by people with narrow pelvis or tight muscles around the hips and/or relatively short legs. Test and find the ideal seat for you!

Materials and finishing

| | |
|------|---|
| Base | Powder coated steel with cross-base (black or aluminum color). Five castors. |
| Seat | Steel, with leather upholstery (Elmosoft leather with several color options). |

Dimensions

| | |
|--------|--|
| Width | 540 mm (base) |
| Depth | 540 mm (base) |
| Height | S 430-545 mm M 515-695 mm L 585-825 mm |



Salli MultiAdjuster

ACTIVE SEATING

Design Veli-Jussi Jalkanen

Thanks to the tilt mechanism, Salli MultiAdjuster can always be adjusted to the optimal position. By tilting the seat it is possible to reach forward without rounding the back.

Salli MultiAdjuster is available with two seat options. The normal size seat gives good support and feels comfortable also for people who have broader pelvis. The smaller seat is liked especially by people with narrow pelvis, tight muscles around the hips or relatively short legs.

Materials and finishing

| | |
|------|---|
| Base | Powder coated steel with cross-base (black or aluminum color). Five castors. |
| Seat | Steel, with leather upholstery (Elmosoft leather with several color options). |

Dimensions

| | |
|--------|--|
| Width | 540 mm (base) |
| Depth | 540 mm (base) |
| Height | S 445-560 mm M 530-705 mm L 600-840 mm |



Salli MultiAdjuster Small



Salli MultiAdjuster

Salli Saddle Chair

ACTIVE SEATING

Datasheet



Optional base colors: black, aluminium.



Optional upholstery colors for the seat.
Material: Elmosoft leather

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Datasheet

Sit enough high.

In the beginning you can lift the chair too high, so that your legs are not touching the floor. Lower the chair slowly till your feet are firmly on the floor. There is now about a 135 degree angle in the knees, and between the thighs and the upper body.

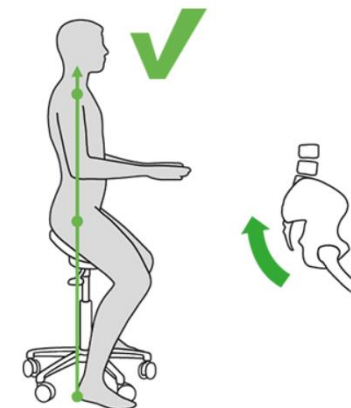
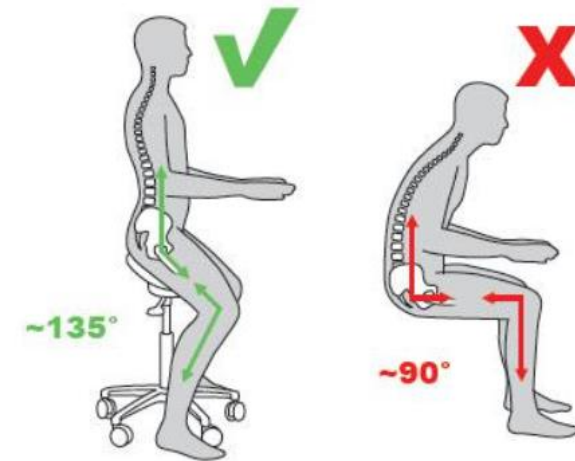
Why? The wide angle enables you to tilt the pelvis forward and maintain the natural curve in the lower back. If you are sitting too low, it is easy to keep the feet in the front, not on the sides, and this often results in a slouched position and the rounding of the back.

Keep your feet on the sides.

Riding-like sitting is aiming at the same position as when we are standing: when looked at from the side the shoulder, pelvis and heel are on the same line.

Why? If the feet are in the front, the back is often rounded into a wrong position. Moving the feet to the sides makes the pelvis tilt forward, enabling the natural curve in the lower back and straightening the whole back.

Read more of [Salli Saddle Chairs' functionality.](#)





Salli SwingFit

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